

Pastor's Corner

October has always been a red-letter month for Adventists!

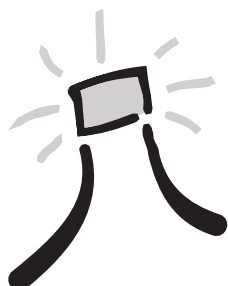
The events which cascaded from October 1843 through the early 1860s were the seeds which led to the birth of our Church. Every year that passes begs us to try to place that early episode in a context which will serve to revive the urgency and sense of imminence that was so much, then, a part of our DNA. October 1843 and 1844 were not only periods of great and painful disappointment that we rarely appreciate for their raw emotion today, they were also a catalyst, once we began to understand them, for the beginnings of a movement that in many ways has and is changing our world.

Paul and the early disciples, and maybe even Jesus who said that the only one who knew for certain when He would return to earth to reclaim and reestablish His Kingdom was His Father, believed so powerfully that Jesus would return in their lifetime that they were willing to sacrifice virtually everything they had in order to get the news to the world.

But eventually their spiritual passion cooled and they lost their dream.

The same is in danger of happening to the Seventh-day Adventist Church. Their passion, like that of the early Christians, set a standard that makes everything

Please see *"Pastor's Corner"* on page 4.



In order to be an Adventist in 2008 do you have to put your brain on a shelf?

You hear it all the time! The only people who remain Seventh-day Adventists are those who either refuse to think or are sadly misinformed. Can we "keep the faith" and still be intellectually and spiritually honest? Maybe it's time to take another look.

Our weekend seminars in October examine what it means to be a Seventh-day Adventist in 2008.

October 10,11, 2008 - Dr. Paul McGraw

Chairman of the history department at Pacific Union College. His speciality is American religious history with a specific focus on Adventist history.

Subject: "Adventist History and the real world of 2008"

October 17,18, 2008 - Dr. George Knight

Theologian, emeritus professor of church history at Andrews University and author of over 18 books.

Subject: "Adventist Theology and the real world of 2008"

October 24,25, 2008 - Dr. Douglas Clark

Archeologist, former president of the American Schools of Oriental Research, currently professor Biblical Languages

Subject: "Archeology and the Bible - Friends or enemies?"

Times all three weekends:

Friday evening, 7:00 p.m.

Sabbath morning, 9:30, 11:00 a.m., and 2:00 p.m.

We will be posting video of the Sabbath School and Church services on our web site following the weekend so if you belong to a church in the greater Sacramento area, please support your local church on Sabbath morning and then catch the presentations later on the web. Also, why not plan on bringing sandwiches and salads for your family and guests and join us for the fellowship meal after church?

Please see page 5 for **Potluck vs Picnic**.

Communion Sabbath

October 4

**Worship service begins
at 10:45 AM**



PHAA news

October Calendar

- Oct. 1-3** Week of Prayer
Leader: Steve Hamilton
- Oct. 5** SA Fall Banquet
- Oct.6-10** Spirit Week
- Oct. 13** School Finance Meeting
6:00 PM
School Board Meeting
7:00 PM
- Oct.15-17** Grades 9-12 Quarter Testing
- Oct.17-19** Jr/Sr Spiritual Retreat
- Oct. 23** Grades 1-2 Homework
Rewards PARTY
- Oct. 24** Awards Assembly
- Oct. 25** HS Choir at Auburn Church
- Oct. 26** ACT Testing
- Oct. 29** Fall Picture Retakes

PHAA Phone: (530) 885-9447

PHAA Fax: (530) 885-5237

PHAA email: office@phaschool.org

PHAA web site: www.PHAAonline.com

On-Going PHAA Fundraisers

Box Tops: Please clip & save box tops for Education Coupons and turn them into the school every month. Products to clip include General Mills, Betty Crocker, Pillsbury, Green Giant, Progresso, Gold Medal, and Ziploc.

Raley's/Bel Air Card: Please use your card (available at school office) when making purchases. Pine Hills receives a percentage of your purchases.

Inkjet/Laser Cartridges & Cell Phones: Drop off your old cartridges and cell phones at the school office to be sent away for recycling. School receives cash for each cartridge and phone turned in.

eScript: Pine Hills earns money through your everyday purchases made at eScript merchants. See www.eScript.com.

Member Spotlight

Early in 1971 two fourth-generation Adventists had just finished dinner at Andy's Chinese Restaurant in Mountain View, California. He took the slip of paper out of his fortune cookie, wrote on the back, and handed the paper to her. She read, "You will soon receive a proposal of marriage."

And that's how Tom Kahler, a Social Security Administration employee, and Jan, an Adventist elementary school teacher, came to be married ten years after graduating from P.U.C. Tom, raised by family after his parents died, adopted her two daughters, Lili and Jeannie.

Seeing Jan frustrated by only fifteen chords on her autoharp, Tom urged her to learn to play a guitar. Eventually she picked up a few other instruments, including some wonderful harmonicas she inherited from her father, who had a colorful childhood. She has published a book, 1918 Covered Wagon Adventure, available on Amazon.com, based on some of her dad's stories.

Heather was born in 1972, and they moved to Auburn in 1973. They were active in the children's divisions and lead out in church socials, camping, and hiking events, but that was long ago, for they are now enjoying great-grandchildren!

Tom, retired after working 25 years for the Social Security Administration, notes, "People who 40 years ago wondered whether there would be any money to pay their social security benefits are now drawing their full social security check, which will continue as long as it remains a national government-run program."

Jan, retired from teaching in 2003, volunteered for one year to oversee home schooled students registered at Pine Hills, raising the student enrollment so that it qualified for twelve grades. She loves working in the yard and garden, writing, bluegrass/country/gospel music, and entertaining family and friends.

Kahlers urge, "Call any time. Our 'phone takes messages for calls we miss."

Auburn Men's Ministry



Wednesday evening meetings at 6:45 PM
through October 29

The last Sunday of each month as usual,
7:30 AM at Sweet Pea's Restaurant in Auburn

Health Update

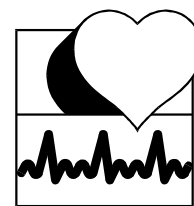
By Chris Stokes, MD - Auburn seventh-day Adventist Church

Wine to Water

As you all know, Jesus' first recorded miracle was turning water to wine at a wedding. I'm pretty sure he wasn't using this platform to downplay the benefits of water.

Water is the body's main component. It is estimated that close to 60% of your body weight is due to water and almost every organ system of the body requires water to function properly. Here are a few examples: water is the principle component of blood which carries oxygen to the body, it helps the kidneys flush the system of toxins, it keeps your skin looking younger by preventing wrinkles, it helps your joints stay lubricated preventing arthritis, it helps the gastrointestinal system function properly and helps regulate body temperature.

How much water do we really need? Scientifically speaking you want to replace what you lose. On average, we lose about 1.5 liters of water a day through sweating, breathing and other excretory processes. Most recommendations on water consumption are based on the replacement of water loss and the most commonly used rule is the "8x8" rule. Drink 8 ounces of water 8 times a day. It's a good rule to go by but needs to be modified if you exercise more, live in a hot or humid



environment or even take medications that cause water loss.

Don't go overboard though. Too much water will dilute your system and can even kill you, as most of you may remember the sad case of the local radio station listener who died from drinking too much water trying to win a Nintendo Wii. Too little water causes dehydration. This is particularly important in the elderly because, for reasons we don't exactly understand, in this group of people the thirst mechanism diminishes. With a diminished thirst mechanism, the elderly are at very high risk for serious complications from simply becoming dehydrated.

This may sound elementary but it's very important. Try drinking water with each meal and between each meal to start off with. See what kind of difference this simple change makes in your overall health and don't keep it to yourself, tell a friend.

Forget yourself for others and others will not forget you!

"So in everything, do to others what you would have them do to you, for this sums up the Law and the Prophets."

Matthew 7:12 (NIV)

Reporters and city officials gathered at a Chicago railroad station one afternoon in 1953. The person they were meeting was the 1952 Nobel Peace Prize winner. A few minutes after the train came to a stop, a giant of a man — six-feet-four — with bushy hair and a large moustache stepped from the train. Cameras flashed. City officials approached him with hands outstretched. Various ones began telling him how honored they were to meet him.

The man politely thanked them and then, looking over their heads, he asked if he could be excused for a moment. He quickly walked through the crowd until he reached the

side of an elderly black woman who was struggling with two large suitcases. He picked up the bags and then with a smile, escorted the woman to a bus. After helping her aboard, he wished her a safe journey. Returning to the greeting party he apologized, "sorry to have kept you waiting."

The man was Dr. Albert Schweitzer, the famous missionary doctor who spent his life helping the poor in Africa. In response to Schweitzer's action, one member of the reception committee said with great admiration to the reporter standing next to him, "That's the first time I ever saw a sermon walking."

"God's Little Devotional Book,"
Honor Books, Inc., 1995

“Pastor’s Corner” continued from page 1. which has happened since pale in comparison. But time, like the ages following the birth of the Christian Church, has dimmed our ardour and diluted our sense of purpose. It is hard to stay cocked and ready to fire for 164 years. It is difficult not to begin questioning if maybe, just maybe, we were disappointingly wrong about more than just what Jesus would do on October 22, 1844.

In these uncertain times, some are pressing our church to return to the past. If we would just outdo our forefathers in their efforts and methods and become just a bit more perfect than they were, then just maybe God would bless our endeavors and we could all go home. Unfortunately, they forget that the classic definition of insanity is doing the same things over and over again expecting different results.

Others react to the delay by jettisoning their faith and closing their eyes to truths which have stood the test of time and opposition; trading it for a compromise which is often easier but not nearly as life transforming.

What we need to do is discover ways of applying timeless truths in ways that meet the needs of people living in 2008. We need to ask how our rich history can merge with life in the most exciting time

in earth’s history. If we are to avoid being stuck in the past or floundering in the present we must discover how science illuminates the Bible story even as we anchor ourselves to the Word revealed through the prophets and writers of old. We need to remind ourselves that God did not limit himself to revealing Himself and His will to men and women of old - either in the 2500 year period when the Bible was being written or in the end of the 19th Century, and that they too looked through dark glass. Our God lives and continues to open vistas of understanding that are but glimpses of the glory of eternity.

In an attempt to provide clarity to the present as we stand astride the line between the past and the future, the Auburn Church has invited three important thinkers, men of God, to address how we can live in the present with the faith of the past. They will be speaking three consecutive weekends in October. It is our way of paying homage to the men and women who gave so much to make our church what it is today even as we look to our future.

They are:

- **Dr. Paul McGraw** - Oct. 10-11 presenting: *Adventist History and the real world of 2008.*
- **Dr. George Knight** - Oct. 17-18 presenting: *Adventist Theology and the real world of 2008.*
- **Dr. Douglas Clark** - Oct. 24-25 presenting: *Archeology and the Bible - Friends or enemies?*

Each of these three are dedicated, committed Christian Seventh-Adventists, stimulating and informative speakers and leaders in their respective fields. You will not want to miss any of them.

Cordially,
Pastor Dan

Potluck vs Picnic: October Fellowship Meals

Because of the three Sabbath afternoon presentations coming in October, we have the opportunity for three get-togethers after church. So that those who usually put the fellowship meals together may attend all of the presentations, how about trying something a little more casual? We’d like to not have the usual potluck meals in the cramped space of the Fellowship Hall. Think in terms of family and friends eating together in the park.

Accordingly, on October 11, 18, and 25, rather than warming up dishes and setting up a serving table, our volunteers are asking each family unit to be self-con-

tained, or if several families want to coordinate their own sharing that would work too. Bring your sack lunches or picnic meals and eat with family and both new and old friends at tables that will already be set up in the Fellowship Hall and out on the patio. Cleanup after eating will be everyone’s responsibility, just as it would be if we were picnicking at a park.

We have three wonderful weekend speakers coming in October, and it is our hope that as many of our members as possible will take the opportunity to attend all of the meetings. It would be a nice gesture to bring extra sack lunches or picnic dinners and invite any out-of-town guests who might want to stay for the afternoon sessions to join you and your friends. Thanks for helping make these informative presentations enjoyable for all.

The Most Excellent of Men

By Jeff Pierson, Auburn Men's Ministries

For finding the answers in life and for finding the connection to the source of life, I find nothing is as successful as the Scripture. "For the word of God is living and active. Sharper than any double edge sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart. Nothing in all creation is hidden from God's sight. Everything is uncovered and laid bare before the eyes of him to whom we must give an account." Hebrews 4:12,13 NIV I found this very true one day in the study of Psalms 45.

In the introduction to the Psalm, it is given the title "a wedding song." I had read the Psalm before but one day some features of the Psalm caught my eye. First, I noticed verse one, "My heart is stirred by a noble theme as I recite my verses for the king, my tongue is the pen of a skillful writer." Here the author of the Psalm is sharing his thoughts and feelings about the Psalm he is about to present. It appears to me he is very excited and eager to share this Psalm. I could not remember any other Psalm beginning like this and with some checking I found none. Why is this Psalm the only one with the unique introduction.

Next when I investigated the author of the Psalm, I found in the introduction it was written by the "sons of Korah." There are ten Psalms attributed to the sons of Korah. It appears David had in his royal court a group of musicians and they were known as the sons of Korah and they were the ones who composed this Psalm.

Later contemplation brought this question to my mind. Was this the first time in the history of Israel there was a wedding song and only one written for a "king?" Surely, they had music and songs for weddings before the time of David. We have the story of Ruth and surely they had wedding songs then. I remembered that the story of the preservation of the biblical stories was basically that the stories of God's interaction with people was handed down orally from generation to generation till Moses wrote them down. I could see that the same thing could had happened with this wedding song. It had existed for generations till now at the time of David the sons of Korah wrote it down and included it in the Psalms.

So when was this Psalm first composed? As I pictured the people of God using this at their weddings my mind quickly raced from the day of David, through all the generations of those who followed God till I could see that this Psalm had

its roots in a blessing that God himself had given to Adam and Eve. This then explained who was speaking in the first verse, it was God himself and he was speaking to the first king, Adam and to the first royal bride, Eve.

This also explains why this was composed by the sons of Korah. They were not making a new composition but were just writing down and polishing what they all knew to be a gift from God. The gift of God of a blessing not only to Adam and Eve but to every man and woman who was to come on the face of the earth. No

wonder God shares his heart, telling us of His thrill and eagerness in blessing those who he has made in his own image.

The first nine verses of the Psalm are a blessing for men and next seven verses are a blessing to women.

"You are the most excellent of men and your lips have been anointed with grace, since God has blessed you forever." verse 2

The first, the most important and the basic blessing God gave Adam and therefore gives to all men is that of an identity. With an identity, men have purpose and direction in life and without an identity, we men will do anything. "This only I have found: God made men upright, but men have gone in search of many schemes." Eccl. 7:29 By being made upright, God has given men a blessing, purpose, identity and direction but if this is given up then men will get into all kinds of schemes to numerous to count. And the reason for that, is that without the identity God created us with, we are searching to create some identity of our own. This is one of the basic lies of the world. You can go and create any identity you want and it really does not matter. Please see "*Iron Men*" on page 6.



“Iron Men” continued from page 5.

ter. How foolish! That is like trying to go four-wheeling in a boat or hitting a pitched baseball with a golf club.

“You are the most excellent of men.” When I first heard those words from my Heavenly Father there was a recoil in me, “No, that’s not true.” But then I thought, “God cannot lie and that statement is more than about me, its about how I am the most excellent of men.” God is not telling me that it is some basic thing I have done or have that makes me excellent. The rest of the verse reveals we men are the most excellent of men because of God’s creative and redemptive grace for the verse says “God has blessed you forever.” Our identity is not like that statement of boastful Nebuchadnezzar, “Is not this the great Babylon which I have built as the royal residence, by my mighty power and for the glory of my majesty?” Daniel 4:30 No, the view and words we speak of ourselves is that of David in Psalms 139:14 “I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well.” When this blessing is heard with the power and goodness God intended it

to have the response will be one of humility.

Jesus also taught the central importance of our identity as the source of our being and behavior. “Jesus replied, I tell you the truth, everyone who sins is a slave to sin. Now a slave has no permanent place in the family, but a son belongs to it forever.” John 8:35,36 Jesus is pointing out here that how we enter into life depends on how we see ourselves. Do we see ourselves as slaves or sons? Do we see ourselves as not having what it takes to enter into life with our jobs, church and families or as the “most excellent of men” because of who God created us to be. Do we as men “know full well” the blessing, and identity we have received from our Heavenly Father? Do we see that we are “kings” by the grace and blessing of God?

Jesus himself lived by this truth. I find Jesus mission statement for his life in Hebrews 10:7, “Here I am... I have come to do your will, O God.” Much in the history of the church has been about finding and doing God’s will but who of us can say “Here I am.” Jesus knew who he was, he knew the identity he had received from his Father. Therefore, he could surrender and be willing to do the will of his Father, whatever it was. Identity gives men strength and clarity.

I invite men to examine the identity they have taken for themselves. The identity you have will set the course of your life and define the impact you have on those around you. My prayer is that the lives of men will have the influence of strength, blessing, goodness and excellence.

Market Declines Won’t Affect Church’s Investment Strategy

Adventist News Network

Seventh-day Adventist Church finance officers say they are not currently considering a change in investment strategy in light of recent economic declines, a move they say is “prudent” considering their long-term focus.


As major U.S. investment banks fold during a global credit crunch resulting largely from a slump in the U.S. housing market, church officials plan to continue a 20- to 30-year outlook for managing the world church’s retirement fund investments. The church’s ministry and ability to launch new initiatives would be most affected by any decrease in tithes and offerings, said Roy Ryan, associate treasurer

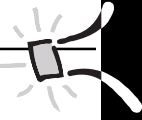
and investment manager for the Adventist world church.

“We’re monitoring the situation,” Ryan said. “While it is fair to say that the budget being prepared for recommendation to Annual Council next month is not aggressive, we do feel that it preserves the ability of the church to move forward with its mission.”

“A widely held view is that the housing market has to stabilize and that just hasn’t happened at this point,” Ryan told church leaders. Until then, he said the church would continue its current investment strategy. “We feel the portfolios of the church’s investments are prudently invested,” Ryan said.

Church President Jan Paulsen encouraged church leaders, saying “None of us is a prophet ... but the Lord said, ‘Do not worry about tomorrow.’ That to me is a very fundamental statement. It’s not light-hearted. “We’ll move forward in obedience to the Lord and do the best we can in mission,” Paulsen said.

SUN.	MON.	TUES.	WED.	THURS.	FRI.	SAT.
		<p>"These are the words of him who is holy and true, who holds the key of David. What he opens no one can shut, and what he shuts no one can open." Revelation 3:7 (NIV)</p>	<p>1 PHAA VegeFood Store 3:00 - 4:00 PM Men's Ministries Iron Men Meeting 6:45 PM</p>	<p>2 Volleyball - 6:00 PM at PHAA gym</p>	<p>3 Sunset 6:44 PM PHAA VegeFood Store 12:00 - 1:00 PM Pathfinder Camporee</p>	<p>4 Sunset 6:43 PM 9:30AM Sabbath School 10:45 AM Worship Service Sermon: Communion Sabbath Pastor Dan Appel</p>
<p>5 Men's Basketball 5:00 - 6:30 PM PHAA PHAA - SA Fall Banquet</p>	<p>6 Community Services 9:00AM to 1:00PM "more about Jesus" 1:30PM@Comm.Services</p>	<p>7 Community Services 9:00AM to 1:00PM "more about Jesus" 1:30PM@Comm.Services</p>	<p>8 PHAA VegeFood Store 3:00 - 4:00 PM Men's Ministries Iron Men Meeting 6:45 PM PHAA Spirit Week</p>	<p>9 Volleyball - 6:00 PM at PHAA gym</p>	<p>10 Sunset 6:34PM PHAA VegeFood Store 12:00 - 1:00 PM</p>	<p>11 Sunset 6:32PM Fellowship Picnic 9:30AM Sabbath School 10:45 AM Worship Service Sermon: "Adventist History and world in 2008" Dr. Paul McGraw</p>
<p>12 Men's Basketball 5:00 - 6:30 PM PHAA</p>	<p>13 PHAA Finance Committee 6:00 PM PHAA Board 7:00 PM</p>	<p>14 Community Services 9:00AM to 1:00PM "more about Jesus" 1:30PM@Comm.Services</p>	<p>15 PHAA VegeFood Store 3:00 - 4:00 PM Men's Ministries Iron Men Meeting 6:45 PM PHAA - PSAT/MMSQT Testing</p>	<p>16 Volleyball - 6:00 PM at PHAA gym</p>	<p>17 Sunset 6:23PM PHAA VegeFood Store 12:00 - 1:00 PM PHAA Junior/Senior Spiritual Retreat</p>	<p>18 Sunset 6:22 PM Fellowship Picnic 9:30AM Sabbath School 10:45 AM Worship Service Sermon: "Adventist Theology and world in 2008." Dr. George Knight</p>
<p>19 Men's Basketball 5:00 - 6:30 PM PHAA PHAA Jr/Sr Retreat</p>	<p>20</p>	<p>21 Community Services 9:00AM to 1:00PM Church Finance Committee 6:00 PM Church Board 7:00 PM "more about Jesus" 1:30PM@Comm.Services</p>	<p>22 PHAA VegeFood Store 3:00 - 4:00 PM Men's Ministries Iron Men Meeting 6:45 PM</p>	<p>23 Volleyball - 6:00 PM at PHAA gym</p>	<p>24 Sunset 6:14 PM PHAA VegeFood Store 12:00 - 1:00 PM PHAA - Awards Assembly</p>	<p>25 Sunset 6:12 Fellowship Picnic 9:30AM Sabbath School 10:45 AM Worship Service Sermon: "Archaeology and the Bible" Dr. Douglas Clark PHAA Choir - Auburn</p>
<p>26 Men's Ministries Breakfast "Sweetpea's" 7:30 AM Men's Basketball 5:00 - 6:30 PM PHAA PHAA - ACT Testing</p>	<p>27</p>	<p>28 Community Services 9:00AM to 1:00PM "more about Jesus" 1:30PM@Comm.Services</p>	<p>29 PHAA VegeFood Store 3:00 - 4:00 PM Men's Ministries Iron Men Meeting 6:45 PM PHAA - Fall Picture Retakes</p>	<p>30 Volleyball - 6:00 PM at PHAA gym</p>	<p>31 Sunset 6:05 PM PHAA VegeFood Store 12:00 - 1:00 PM</p>	



October '08

Community Services

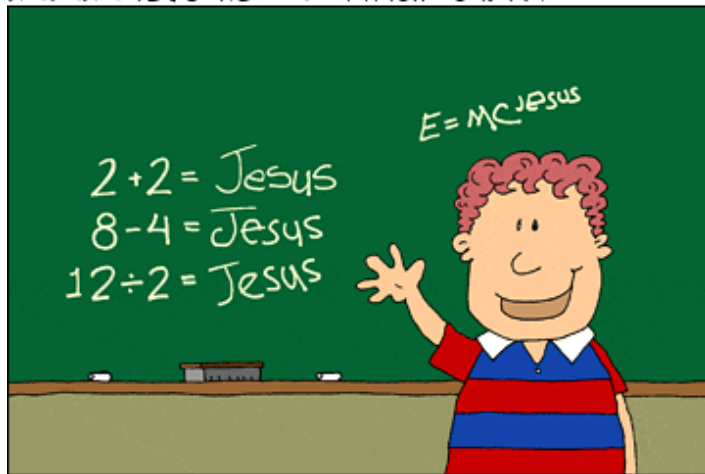
With fall just around the corner and the weather showing signs of staying cool, Adventist Community Services will be asking for donations of cool/cold weather garments and shelter materials. Men's, women's and children's jeans, sweaters, sweat shirts, flannel or fleece shirts, jackets, and gloves. They are also in need of personal hygiene items like hand soap, tooth paste, shampoo, and hand or bath towels. As for shelter items, tents, and tarps (in good condition and any color except blue or silver). As always, your kind dedication to Adventist Community Services is sincerely appreciated.

Need Fire Wood?
Per Cord orders now being taken.
To reserve yours call Mike Wood
(530) 878-1213

PHAA "vege food store"

A small, but well stocked, vegetarian food store will be open for business at Pine Hills Adventist Academy supplying customers with a wide variety of fresh and packaged vegetarian food items. Store hours during the coming school year are Wednesday from 3:00 to 4:00 PM, and Friday from 12:00 to 1:00 PM. To place an order, to check on the availability of a product or speciality item call the school office at (530) 885-9447. The proceeds go to help the 8th grade class graduation and class trip.

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Thanks to Gert-Jan van Heugten

06-16-2008

**IN BIBLE CLASS WE LEARNED THAT JESUS IS
THE ANSWER**

Visit the Online Auburn Church Media Ministries

[http://web.mac.com/jgbeitz/
asdamm/welcome.html](http://web.mac.com/jgbeitz/asdamm/welcome.html)

ESL Sabbath School

A correction to our "English as a Second Language" (ESL) Sabbath School class note last month. The article said that the class was open to Spanish speaking community members. In reality, the class is open to anyone who speaks a foreign language, any foreign language, and who would like to learn to speak English as a second language. The class meets Sabbath morning from 9:30 to 10:30 AM in the Fellowship Hall near the kitchen. This free class is open to anyone in the community wishing to attend...pass the invitation on to all!

Recovery in Community

A hearty breakfast and a Twelve Step path to recovery is now available to the community every Saturday morning at 9:15 AM in the Community Services Lobby at the Auburn church. For information contact Community Services at 823-0345.

Sermon Notes

October sermon dates and speakers:

- Oct. 4 **Communion Sabbath**
Pastor Dan Appel
- Oct. 11 **Adventist History and the Real World of 2008**
Dr. Paul McGraw
- Oct. 18 **Adventist Theology and the Real World of 2008**
Dr. George Knight
- Oct. 25 **Archaeology and the Bible - Friends or Enemies?**
Dr. Douglas Clark

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