

Relay for Life

By Mandy Nash
Director of Health Ministries
Auburn Seventh-day Adventist Church

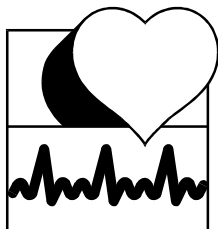
It was the American Cancer Society research which:

- Found that the use of aspirin could reduce the risk of colon cancer death to one-half.
- Aided in 80% five-year survival rates for many childhood leukemia's using combination chemotherapy.
- Proved mammography as an effective screening for breast cancer.
- Created the chemotherapy drug 5-FU for the treatment of colon cancer.
- Identified smoking as a cause of lung cancer.
- Determined the genes for inherited breast and colon cancer.
- Developed monoclonal antibodies to treat breast cancer (Herceptin) and lymphoma (Rituxan).
- Discovered cancer-causing oncogenes and tumor suppressor genes.

"Momentum" Annual Report, Cancer Facts and Figures 2007

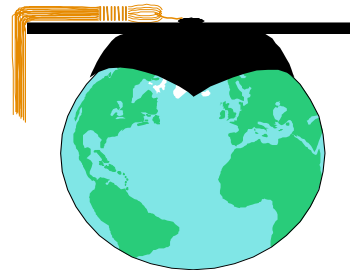
Now it's our turn to support the American Cancer Society. Donate and/or join the Auburn Seventh-day Adventist team of Relay for Life participants at:

http://main.acsevents.org/goto/christian_soldiers.



Congratulations!

Pine Hills Class of 2009



The Christian Men's Retreat 2009

By Michael O'Haver

Leslie Pollard, who's credentials include Vice Chancellor and Vice President of Loma Linda University was the presenter at the 2009 Christian Men's Retreat at Leoni Meadows May 1-3.

Dr. Pollard's Keynote Address was on the Seven Principles of Covenant Manhood. Prior to that, he talked about how two men – David and Joseph exhibited the characteristics of Covenant Manhood.

David

David was a Covenant Man because he derived his strength from God. He did not use strength to slay Goliath; he used his brain and relied on God's strength. God said David was a man after His own Heart (????).

Joseph

Joseph was a Covenant Man because he overcame his background – being sold into slavery, being falsely accused and thrown into prison. He still loved his brothers, even after they betrayed him.

The Covenant Man

Covenant Manhood was defined as a man with conviction, confidence, a conscious, no compromise and commitments that include:

1. **Character** – our character is the stable foundation of a man's personality. As Covenant Men, we live with uncompromising commitment to our non-negotiable values and beliefs. (Genesis 39:9) (Joshua 24:15) (II Timothy 4:7)
2. **Vision** – our vision is the dream that leads a Covenant Man to a desired future. If character is the floor of leadership, vision is it's ceiling. Where there is no vision, there will be supervision. (Revelation 13:1-18)

Please see *"Men's Retreat"* on page 3.



the auburn church family newsletter

June 2009

PHAA news

June Calendar

- June 3** Kindergarten Graduation
6:00 PM at PHAA
- June 4** Last day of school
- June 4** 8th Grade Graduation
7:00 PM at Auburn Church
- June 5** Sr. Class Consecration
7:00 PM Rocklin Church
- June 6** Sr. Class Baccalaureate
10:45 AM Auburn Church
- June 7** Sr. Class Commencement
9:00 AM at PHAA
- June 8** School Finance Meeting
6:00 PM
School Board Meeting
7:00 PM

PHAA Phone: (530) 885-9447

PHAA Fax: (530) 885-5237

PHAA email: office@phaschool.org

PHAA web site: www.PHAAonline.com

On-Going PHAA Fundraisers

Box Tops: Please clip & save box tops for Education Coupons and turn them into the school every month. Products to clip include General Mills, Betty Crocker, Pillsbury, Green Giant, Progresso, Gold Medal, and Ziploc.

Raley's/Bel Air Card: Please use your card (available at school office) when making purchases. Pine Hills receives a percentage of your purchases.

Inkjet/Laser Cartridges & Cell Phones: Drop off your old cartridges and cell phones at the school office to be sent away for recycling. School receives cash for each cartridge and phone turned in.

eScript: Pine Hills earns money through your everyday purchases made at eScript merchants. See www.eScript.com.

Kellogg's Label Investment Program: Please save your UPC Codes and/or labels from any Kellogg's or Worthington product and turn them into the school office.

Patience may sometimes be bitter, but its fruit is sweet.

“For ye have need of patience, that, after ye have done the will of God, ye might receive the promise.”

Hebrews 10:36 (KJV)

In the days of the great western cattle ranches, a little burro would sometimes be harnessed to a wild horse. The two would then be turned loose together onto the desert range. Bucking and raging, the wild horse would drag and pull the little burro, throwing it about like a bag of feed.

In several days, however, the two would return. The little burro would be seen first, trotting back toward the ranch with the submissive steed in tow.

Somewhere out in the wild, the horse would become exhausted trying to free itself from the burro. In that moment, the burro became the master of the two. The slow, patient, unimportant animal became the leader over the faster, more volatile, and more prized one.

Patient, committed, methodical, and hardworking people may find themselves the brunt of abuse from those who are more rambunctious in the workplace. But in the end, they tend to accomplish more, rise higher, and win greater respect from their colleagues and those who work under them.

Choose to be patient and quietly determined today, and tomorrow will reward you.

MEMO

To: YOU
Date: TODAY
From: GOD
Subject: YOUR LIFE

This is God. Today I will be handling ALL of your problems for you. I do not need your help. So, have a nice day.

I love you.

P.S.

And, remember...if life happens to deliver a situation to you that you cannot handle, do NOT attempt to resolve it yourself!! Kindly put it in the SFGTD (something for God to do) box. I will get to it in My time. All situations will be resolved, but in My time, not yours.

Lake Tahoe Campmeeting

August 3 - 8

Camp Richardson • South Lake Tahoe

Information and Reservations:

Virginia Rose (916) 967-5932

or tahoecampmeeting@juno.com

Pray You Enough

Submitted By Janet Kahler, Source Unknown

Recently, I overheard a mother and daughter in their last moments together at the airport. They had announced the departure. Standing near the security gate, they hugged, and the mother said, 'I love you, and I pray you enough.'

The daughter replied, 'Mom, our life together has been more than enough. Your love is all I ever needed. I pray you enough, too, Mom.'

They kissed, and the daughter left. The mother walked over to the window where I was seated. Standing there, I could see she wanted and needed to cry. I tried not to intrude on her privacy, but she welcomed me in by asking, 'Did you ever say good-bye to someone knowing it would be forever?'

Yes, I have,' I replied. 'Forgive me for asking, but why is this a forever good-bye?'

'Well...I'm not as young as I once was, she lives so far away & has her own busy life. I have some challenges ahead, and the reality is - her next trip back will be for my funeral,' she said.

'When you were saying good-bye, I heard you say, 'I pray you enough.' May I ask what that means?'

She began to smile. 'That's a prayer that has been handed down from other generations. My parents used to say it to everyone.' She paused a moment and looked up as if trying to remember it in detail, and she smiled even more. 'When we said, 'I pray you enough,' we wanted the other person to have a life filled with just enough good things to sustain

them.'

Then, turning toward me, she shared the following as if she were reciting it from memory.

"I pray you enough sun to keep your attitude bright no matter how gray the day may appear.

I pray you enough rain to appreciate the sun even more.

I pray you enough happiness to keep your spirit alive and everlasting.

I pray you enough pain so that even the smallest of joys in life may appear bigger.

I pray you enough gain to satisfy your wanting.

I pray you enough loss to appreciate all that you possess.

I pray you enough hellos to get you through the final good-bye.

Then, she began to cry, and walked away.

They say, it takes a minute to find a special person, an hour to appreciate them, a day to love them, but an entire life to forget them.



Many Thanks!

To all who came out to help with our church work bee on May 31st. Your hard work is sincerely appreciated.



"Men's Retreat" continued from page 1.

3. **Endurance** – our endurance is the God given strength to persevere through personal or organizational diversity. It is pacing, patience and persistence more than talent that allows you the power to go the distance (I Timothy 4:16) (II Timothy 2:3)

4. **Self management** – a man's ability to control his own thinking, emotions and behavior. Effective men learn to manage themselves before they try to manage others. (Genesis 39: 1-18) (Proverbs 6:32-34)

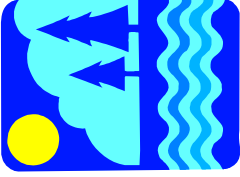
5. **Diligence** – a man's conscientious attention to duty, responsibility or assignment. Diligence is the follow through that brings a project to a close.

6. **Discernment** – a gift from God that give a man the ability to identify and read the patterns behind apparently ran-

dom events or actions. (Genesis 45:4-9) (James 1:5)

7. **Compassion** – the ability to extend grace to the least deserving. Spiritual men practice the art of forgiving. Forgiveness is not simply forgetting, it is remembering without hostility. (Genesis 41:56-57)

The weather during that weekend was very conducive to staying indoors and deep contemplation of the message we received. But, there was a break in the rain Sunday morning, just long enough to get the Two-Mile Run in. Michael O'Haver set a Personal Record for the course (18:27) and took 2nd place overall.

SUN.	MON.	TUES.	WED.	THURS.	FRI.	SAT.
	1 Community Services 9:00AM to 1:00PM Author's Night Grades 1 & 2 Bible Study 1:30PM@Comm.Services	2 Community Services 9:00AM to 1:00PM Author's Night Grades 1 & 2 Bible Study 1:30PM@Comm.Services	3 PHAA VegeFood Store 3:00 - 4:00 PM PHAA - Grades 1 & 2 - Homework Rewards Party PHAA Kindergarten Graduation	4 PHAA - Last Day of School - Minimum Day! PHAA 8th Grade Graduation - 7:00 PM at the Auburn Church Volleyball - 6:00 PM at PHAA gym	5 Sunset 8:26 PM PHAA - Senior Class Consecration - 7:00 PM Rocklin Church	6 Sunset 8:26 PM 9:30AM Sabbath School 10:45 AM Worship Service PHAA Sr. Class Baccalaureate PHAA's Special Night 6:00PM at Pine Hills
7 PHAA - Senior Class Commencement 9:00 AM at Pine Hills Men's Basketball 5:00 - 6:30 PM PHAA	8 PHAA Finance Committee 6:00 PM PHAA Board 7:00 PM PHAA VegeFood Store Monday - Thursday 9:00 - 1:00 PM	9 Community Services 9:00AM to 1:00PM PHAA VegeFood Store 11:30 - 1:00 PM Bible Study 1:30PM@Comm.Services	10	11 Volleyball - 6:00 PM at PHAA gym	12 Sunset 8:29 PM	13 Sunset 8:30 PM Fellowship Lunch 9:30AM Sabbath School 10:45 AM Worship Service Sermon: "Doing Things Jesus' Way." Pastor Dan Appel
14	15 PHAA VegeFood Store Monday - Thursday 9:00 - 1:00 PM	16 Community Services 9:00AM to 1:00PM Church Finance Committee 6:00 PM Church Board 7:00 PM Bible Study 1:30PM@Comm.Services	17	18 Volleyball - 6:00 PM at PHAA gym	19 Sunset 8:32 PM	20 Sunset 8:32 PM 9:30AM Sabbath School 10:45 AM Worship Service Sermon: To Be Announced;
21 Father's Day Men's Basketball 5:00 - 6:30 PM PHAA	22 PHAA VegeFood Store Monday - Thursday 9:00 - 1:00 PM	23 Community Services 9:00AM to 1:00PM Bible Study 1:30PM@Comm.Services	24	25 Volleyball - 6:00 PM at PHAA gym	26 Sunset 8:33 PM	27 Sunset 8:33 PM 9:30AM Sabbath School 10:45 AM Worship Service Sermon: "Learning To Love," Part 1; Pastor Dan Appel
28 Men's Basketball 5:00 - 6:30 PM PHAA	29 PHAA VegeFood Store Monday - Thursday 9:00 - 1:00 PM	30 Community Services 9:00AM to 1:00PM Bible Study 1:30PM@Comm.Services	<p>"One thing I ask of the Lord, this is what I seek: that I may dwell in the house of the Lord all the days of my life, to gaze upon the beauty of the Lord and to seek him in his temple."</p> <p style="text-align: right;">Psalm 27:4 (NIV)</p>			



June '09

auburn seventh-day adventist church

Okari Children's Foundation Update

By Margaret Okari, Kenya, Africa

Education - Health & Human Services Leadership & Sustainability

Another month has come and gone and May is already here. April was a holiday month for all schools in Kenya, so our children took a well deserved two week break in April. Schools opened again on Monday, May 4th.

Although most of our children do not have parents, we still encourage them to go to their remaining living relatives and spend the holidays with them. We would like them to bond with their remaining extended family as much as possible. Every child needs to know their Aunties, Uncles and cousins.

Since we started the AIDS orphan home and school in January, 2009, we have had many community members, mostly grandmothers and a few grandfathers come to ask for admission of their grandchildren, to our school. These children's parents have died and left them with their grandparents. If you have been reading "Okari Kids" this year you may remember me telling you in the February 2009 issue that we had

over 150 AIDS orphaned children registered and waiting for a spot in one of our homes and school. Last month, in April the number had climbed to over 300 children on the waiting list. I am very sad to report that now in May the number has climbed to nearly 400 orphans who are waiting for admission to our home and school. We located the home and school in this region of Kenya because we knew there were large numbers of AIDS orphaned children here. Considering the school has been operating for only 4 months, this is striking evidence that there is a very high population of orphans here. Unfortunately the numbers are even far higher than even we suspected. The need here is indeed so, so great. Moreover, we are holding school in borrowed classrooms, from a neighboring public school. We continue to need money to build our own classrooms and dormitories.

This past week, a 16 year old girl brought her 6 year old sister to my house. She told me that she wanted to see Kwamboka and I told her that I was the one. She asked me if I could admit her little sister to our school. She went further to explain to me that her parents died several years ago, leaving behind her older brother, herself and the little girl. She said that they have been living with their older



brother. Sometime last year their brother got married, so this year he asked his 16 year old sister to move out of his house with her 6 year old sister. He said that he was no longer responsible over them. Dolca, the 16 year old girl dropped out of school sometime back so she is taking care of Brenda, her 6 year old sister. She had no choice but to move out. Brenda is an amazing little girl. She is sweet, charming and very smart.

As you can see from this photo, she has a captivating smile. Financially, we cannot afford to take Brenda on however, we cannot afford to let her remain with her 16 year old sister either, under such precarious circumstances.

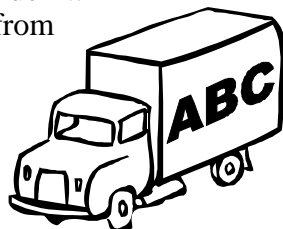
We are reminded in the Bible that in as much as you have done it unto one of the least of these, you have done it unto Him. If Brenda's story touches you and you would like to help us by sponsoring her, please let us know. We will be very grateful. It will cost you \$60 a month, full board.

We are extremely grateful to our two volunteers Jessica Lewis and Erika Cordova for their tireless efforts with MOCF. Erika has decided to remain a few months longer in Nairobi to pursue additional volunteer work with a Kenyan relief agency. Jessie is leaving Kenya, after 9 months, to go back to the U.S.A. at the end of this month.

They have been invaluable volunteers and we are truly thankful to God for having made it possible for them to come and volunteer with us. We will truly miss them and so will our children. Erika and Jessie, wherever you go, may God's blessings Please see "Okari Kids" on page 6.

ABC Truck In Auburn June 9

The Adventist Book Club (ABC) truck will be in Auburn on Tuesday, June 9, from 9:30 to 10:00 AM to drop off pre-ordered/pre-paid items only. No shopping time will be available during this time. To pre-order call 800-400-1844. Campmeeting prices are currently available.



“Okari Kids” continued from page 5.

follow you!

Thank you for your continued support and may God continue to bless and enrich your efforts. Please visit our website, which is full of new pictures and videos at: www.okarichildren.com - Kwamboka Okari

PHAA “vege food store”

Our small, but well stocked, vegetarian food store will be open for business during the summer at Pine Hills Adventist Academy to keep customers supplied with a wide variety of fresh and packaged vegetarian food items. Store hours during the summer will be Monday through Thursday from 9:00 AM to 1:00 PM. They will be closed Fridays. To place an order or to check on the availability of a product call the school office during the above hours at (530) 885-9447. The proceeds go to help the 8th grade class graduation and class trip.

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(See Matthew 17:20)

05-04-2009

FAITH—MOVE THE MOUNTAIN BACK!

Fellowship Luncheon June 13

Join us June 13 following our worship service for our once-a-month time for good food and fellowship with friends. Bring a favorite vegetarian entree/salad/dessert or bread. *Please bring items pre-cooked and wrapped to keep them warm and make the dining experience run more smoothly.*

Free Child Care

Now available during worship service for children five years and under
10:30 AM to 12:30 PM
Skilled, Caring Staff
Electronic Parental Pagers

Recovery In Community

A hearty breakfast and a Twelve Step path to recovery is available to the community every Sabbath morning at the Auburn church. Breakfast in the Fellowship Hall begins at 8:00 AM and is followed by the 12 Step Program at 9:15 AM in the Community Services Lobby. For information contact Community Services at 823-0345.

New Church Website

Visit us at
<http://aubsda.org>

Sermon Notes

June sermon dates and speakers:

- June 6 **PHAA Sr. Class Baccalaureate**
Speaker: Pastor Walt Groff
- June 13 **Doing Things Jesus' Way**
The Power of Love to Change Lives
Pastor Dan Appel
- June 20 **Sermon: To Be Announced**
Pastor Dave Carreon
- June 27 **Learning to Love, Part 1**
Pastor Dan Appel

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