

# Church Master Plan Implementation

The Auburn SDA Church Master Plan implementation meeting was held on October 26, 2019. Approximately 50 people attended. Pastor Mel opened the meeting with a discussion of our Volunteer Development Plan, which is this first quarter’s emphasis in the implementation of our master plan.

The Volunteer Development Plan is how we will accomplish Objective 7 of the Master Plan—To equip our people so we can all fulfill our ministry calling.

To aid in determining what each members ministry calling is the pastor passed out six items:

- ♦ Spiritual Gifts Inventory (to aid each member in determining their own personal spiritual gift)
- ♦ Volunteer Feedback Survey (to determine how well we mentor our volunteers already)
- ♦ Ministry Systems Readiness Survey (to help in determining how ready our church is in providing needed ministries)
- ♦ Volunteer Development Plan
- ♦ Volunteer Ministry Positions List
- ♦ Job Descriptions for each identified positions

The first three of these are to be filled out by each volunteer and returned to the Pastor as soon as possible. If you did not get these surveys, contact Pastor Mel or Scott in the church office.

The last part of the meeting the Pastor had us split up into four breakout groups according to individual interests. The groups were:

1. Advise to the Pastor on sermon topics to support this phase of the master Plan,
2. Outlining what should be in our Training Plan. It should cover both general training and position-specific training,
3. How we should show our appreciation for the volunteers and the jobs they do. This should be a system of affirming, motivating, celebrating and saying “Thank You” to our volunteers,
4. System of evaluating our volunteers. This should monitor and evaluate the health of our volunteers.

The Pastor called for volunteers that wanted to meet with him as members of the Volunteer Coordination Team.

There was some discussion on if this system will eliminate the need form the annual Nominating Committee. It was the general consensus that once this system is set up there should be no need for the nominating committee system any more.



Julie Baga gave her second sermon on October 26, 2019. Her topic was Joseph, one of her favorite Bible characters. She continued to show exemplarily promise as a public speaker.

## Meet Your Elder Dana (Continued from Page 3)

### 4. If you own and use an iPod, what was your most played song?

I couldn’t say now, it is such a spectrum but growing up my favorite artist was Shania Twain

### 5. Where did you go on your last out of town vacation?

Canada to visit my family

### 6. Tell us about your family back in Canada.

Both my parents are nurses; I have two older brothers, and a younger sister. We grew up in the county of Smoky Lake Alberta attending the same school my mom did and even had some of the same teachers she had. We lived on a farm where my parents still live farming grain, cattle, bees, and horses.

### 7. What was the most unusual job you ever held?

My 10<sup>th</sup> grade year or high school I worked in the snack shop of the cafeteria and my job was to shell 100 eggs and turn them into egg salad sandwiches every day.

### 8. What is your favorite Bible verse?

Jeremiah 39:16-18

### 9. What is your vision for the Auburn Seventh-day Adventist Church?

HOME Church. To be the most welcoming church ever. A place where people walk in and know that they are home and that they are safe. To share our faith through our love for one another, our open hearts, and open doors.



# Auburn

SEVENTH-DAY ADVENTIST CHURCH

## Community Newsletter

November 2019  
Issue

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On October 5, 2019 Dana Rae DeTar (shown center above) was ordained as an Elder in the Auburn SDA Church. It seemed only fitting, since she has been serving as our Youth Pastor for two years now. To learn more about Dana and Seth turn to page 3—”Meet Your Elder”.



## Poem

### WHAT IF?

What it God took the time to bless us today,  
the way we took time to thank Him yesterday?

What if God decided to stop leading us today,  
Because we did not follow Him yesterday?

What if we never saw another flower bloom  
today,  
Because we grumbled when it rained yesterday?

What if God did not walk with us today,  
Because we failed to recognize it as His day?

What if God took away our bibles today,  
Because we did not read them yesterday?

What if God took away His message for us  
today,  
Because we failed to listen to His messenger  
yesterday?

What if the door of the church was closed  
today,  
Because we didn't open the door of our heart  
yesterday?

What if God stopped loving and caring for us  
today,  
Because we didn't love and care for each other  
yesterday?

What if God would not hear our prayer today,  
Because we would not listen to Him yesterday?

What if God answered all our prayers today,  
The way we answer His call for service each  
day?

What if God met our needs today,  
The way we gave Him our lives yesterday?

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## Prevention Not Cure

### More Reader's Digest – Health Truths & Myths

**Stress can give you an ulcer-Myth**  
the two main causes of ulcers are overuse of NSAID painkillers, like aspirin or ibuprofen, and infection from the bacteria *Helicobacter pylori*. Stress might make an existing ulcer worse (and having an ulcer might trigger stress), but the current science shows it isn't a direct cause.

**You should return to working out after a heart attack-Truth**  
Too often heart patients use their condition as an excuse to cut back on physical activity when they should be doing the opposite. Hitting the standard 20-30 minutes most days can help strengthen your heart. Talk to your doctor about creating a safe routine.

**Bar soap is covered in germs-Myth**  
You might transfer germs to the soap while you scrub up, but they won't last long enough to spread. Studies found that bacteria on a bar of soap die within minutes and are not transmitted to the next person to use the soap.

### Alcohol warms you up when it's cold outside-Myth

You might feel warmer and you face may start to flush as you sip alcohol because it causes you blood vessels to dilated moving warm blood closer to your skin but the perception of warmth also causes you to stop shivering, which actually brings core temperature down.

## Coming Events

Nov 3-4 - PUC College Days

Nov 9 - PHAA Vintage Food Festival Carnival 6-9pm

Nov 23 - Auburn Church Youth Gym Night at PHAA

Nov 25-29 - PHAA Thanksgiving Break

Nov 27-28 - Church Office closed

Nov 28 - Happy Thanksgiving

Nov. 30 - Sabbath Thanksgiving Service with special guests Stephanie Dawn & Dann Thornton

## Sermon Notes



Nov 2: Pastor Mel Baga  
Nov 9: Pastor Mel Baga  
Nov 16: Pastor Mel Baga  
Nov 23: Pastor Mel Baga  
Nov 30: Pastor Mel Baga

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## Jan's Healthy Recipes

### QUICK DILL PICKLES

#### Ingredients:

-4 long Japanese or Armenian cucumbers, or 6 pickling cucumbers  
-1 small bunch fresh dill sprigs  
-12 whole black peppercorns  
-1 cup white wine vinegar  
-1 tsp. kosher salt  
-1/4 cup sugar  
-1 clove thinly sliced garlic  
-1/4 cup thinly sliced red onion  
-1/4 tsp crushed red chili flakes

#### Directions:

Cut the cucumbers into 1 inch long chunks and place in a heat-proof bowl. Add the dill sprigs and set aside. Heat the peppercorns, vinegar, salt and sugar in a small saucepan over low heat, stirring until the sugar and salt dissolve, about 2 minutes. Add the garlic and red onion, cover and bring to a boil. Remove from the heat and pour over the cucumbers. Let marinate for 45 minutes, then refrigerate overnight. Serve cold. These pickles will keep, tightly covered and refrigerated, for up to one week.

Serves 6; Adapted from Martha Stewart



## Church Birthdays

Ema Ludwig .....Nov 03  
Faith Johnson .....Nov 04  
Mitchell Sim..... Nov 05  
Rose Kaster .....Nov 05  
Cary Allington .....Nov 07  
Janet Kahler..... Nov 07  
Kellyn Haggerty .....Nov 08  
Brad Ludwig..... Nov 11  
Janie Evazkhani..... Nov 11  
Gary Binder .....Nov 13  
Zachary Allington..... Nov 13  
Hope Sekulic .....Nov 14  
Braden Ibarra..... Nov 15  
Rhonda Rajaofera .....Nov 16  
Jim Ferolino..... Nov 17  
Jonathan Crane..... Nov 17  
Deborah Price .....Nov 20  
John Munoz ..... Nov 21  
Seth De Tar..... Nov 21  
Cyndee Holm .....Nov 22  
Nannette Sutter..... Nov 24  
Phil Evazkhani.....Nov 25  
Geoffrey Fralick..... Nov 30

## Meet Your Elders



Name: Dana Rae De Tar

1. When did you decide to move to the USA?  
June 2016

2. Why did you pick Auburn to settle?

We first came to Auburn area because I was interested in the position at the school that was exactly the posting I was looking for. Our first Sabbath visit at Auburn was Pastor Dave's Last Sabbath and we were greeted by the Fralicks and the Allingtons who made us feel welcome right away. We had just arrived in Auburn a few 16 hours before. After that we hopped around a little bit trying to find our place in this new area. Finally we became more settled here at Auburn church simply because we felt more at home and comfortable here and the more we are here the more we like it.

3. What is your favorite childhood memory?

I was blessed to have an amazing childhood with many fun filled adventures I could never pick one. However the times I cherish the more are evenings chilling with my family, all of us piled on the couch chatting.

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The Pastors are presented with flowers in appreciation of all they do for the church on October 26.

