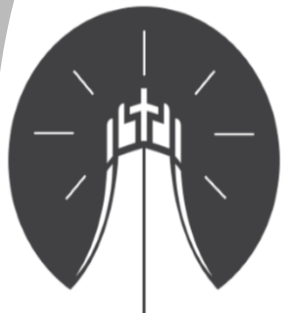


Community Newsletter



Auburn

SEVENTH-DAY ADVENTIST CHURCH

July 2021 Issue

- Page 1:* Dana Rae De Tar Returns
- Page 2:* Inspire, Sermon Notes, Birthdays, Events
- Page 3:* Recipe, Baby Dedication, Letters to God
- Page 4:* Graduation, Communion, Birds of a Feather



Youth Pastor Dana Rae De Tar returned from maternity leave and was welcomed back with open arms on May 29th. She will be working part time fully as our Youth Pastor. She is accompanied by her husband Seth and their latest addition to the Auburn church family Nevaeh in the photo above. We are so happy to have them back!

INSPIRATION CORNER

Rejoice in the Sabbath

Rejoice in the Sabbath, we are free to honor it,
Or from our actions, we can also dishonor it.
Rejoice in the Sabbath, it is not a day to work,
For six days we are free to work if that's our quirk.
Rejoice in the Sabbath, our day to study the Bible,
To walk in the footsteps of His beloved Disciple.

Rejoice in the Sabbath, we should learn to love it.
It is a gift and we should honor it and cherish it.
Rejoice in the Sabbath, it gives joy and freedom.
It is not something to complain about as a burden.
Rejoice in the Sabbath, it is meant as a blessing.
We should praise it with preaching and singing.

Rejoice in the Sabbath, a chance for us to rest,
Not to see how many times we can fail the test.
Rejoice in the Sabbath, it's a time for us to grow,
And the nature of His perfect spirit for us to know.
Rejoice in the Sabbath, the seventh day of the week,
Without it our dreary lives would be dark and bleak.

Rejoice in the Sabbath, it was meant to set us free.
It is a refuge and a shield from life's daily fee.
Rejoice in the Sabbath, and it will rejoice in you,
That God gave us all this day, as a sign is true.
Rejoice in the Sabbath, our weekly day of rest,
That we could worship Him and in turn be blessed.

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Upcoming Events

**July 19-24 & July 26-31
Redwood Camp Meeting** (in 2 in-person sessions) Space is limited to 200 campers per session. Registration is now open.

Tahoe Camp Meeting has been canceled due to COVID-19.

Aug 5 Youth Outing to Six-Flags Discovery Kingdom

Sept. 10-12 Church camp-out—Leoni Meadows.



Sermon Notes



**July 3: Pastor Mel
July 10: Brian Toppel
July 17 Pastor Dana Rae
July 24: Pastor Mel
July 31: Pastor Mel**

Church Birthdays

Jacob Gannon.....Jul 01
Olga Openiano.....Jul 05
Timothy Barr.....Jul 05
Havilah Baga.....Jul 07
Rowan King.....Jul 07
Cameron Maciel.....Jul 10
David Woods.....Jul 10
Jeffery Culp.....Jul 11
Susan Woods.....Jul 12
Judy Crum.....Jul 13
Sharon Munoz.....Jul 13
Betty Henderson.....Jul 14
Bonnie Teff.....Jul 15
Brian Toppel.....Jul 16
Peter Van Auken.....Jul 16
Jeanette Murillo.....Jul 17
Donald Dyer.....Jul 18
Garold Wareham.....Jul 19
Jonathan Castro.....Jul 19
Caleb Sim.....Jul 21
Megan Mulligan.....Jul 21
Traci Van Zant.....Jul 21
Diana Barr.....Jul 22
Elijah Shchedrov.....Jul 22
Kimberlee Maciel.....Jul 22
Jeff Rose.....Jul 23
Dalila Vargas.....Jul 24
Pamela Haddad.....Jul 24
Caitlyn Davidson.....Jul 26
Karen Ann Deaner.....Jul 26
Steve Miller.....Jul 28
Brodie Gannon.....Jul 29
Chris Stokes.....Jul 30
Darrel Crane.....Jul 30
Jackie Whitson.....Jul 30
Blanca Fanselau.....Jul 31
Dax Whitson.....Jul 31
Lillian Ludwig.....Jul 31

Auburn SDA Community Church

12225 Rock Creek Road,
Auburn, CA 95602
Phone 530/885-4232
Head Pastor—Mel Baga

Youth Pastor-Dana Rae De Tar
Office e-mail - office@aubstda.net
Website - www.aubstda.org
Newsletter Editor - Michael O'Haver E-mail - GodsScribeMike@gmail.com



Jan's Healthy Recipes

Italian Omelet for One

From Heart Healthy Recipes

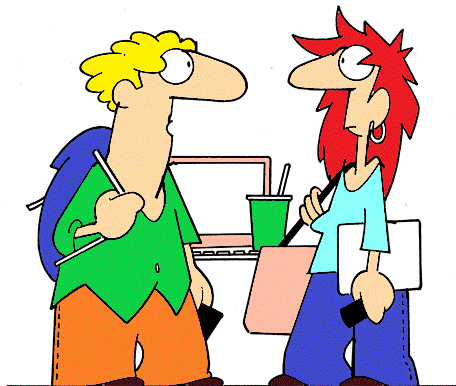
Ingredients:

- ♦ 1/4 cup chopped zucchini
- ♦ 1/4 cup sliced fresh mushrooms
- ♦ 2 Tbs chopped green onions
- ♦ 1 Tbs chopped fresh basil or 1 Tbs dried basil leaves
- ♦ 1 garlic clove, minced
- ♦ 3/4 cup eggs, blended
- ♦ 1/4 cup chopped seeded tomato
- ♦ 1 Tbs grated Parmesan cheese

Directions:

Spray 6-inch nonstick skillet or omelet pan with cooking spray. Heat over median heat until hot. Stir-fry zucchini, onions, mushrooms, basil and garlic 1-2 minutes until crisp. Remove from skillet. If necessary place in strainer to remove excess moisture. Spray same skillet with cooking spray. Pour egg into skillet. Cook gently lifting edges so uncooked portion runs underneath, until it is set but still moist. Spoon vegetables on half of omelet; top with tomatoes and cheese. Fold over and serve when done.

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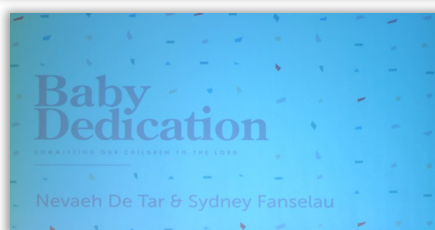


"I'm enrolling in seminary college so I can learn about miracles, like how to pay off my student loans."

Baby Dedication



On June 12 the Auburn Church had a Double Baby Dedication. Pastor Dana Rae and Seth De Tar dedicated Nevaeh and Blanca and Erik dedicated Sydney Fanselau.



Kid's Letters to God

Dear God,

My turtle died, is she there with you? If so, she likes lettuce.

Susie

Dear God,

Please send Dennis Clark to a different camp this years.

Peter

Dear God,

I have scary dreams at night. Where do they come from, or should I ask the devil that?

Billy

Dear God,

Daddy says you're bigger than anything. Are you bigger than Shaq?!?!?

Dear God,

Maybe Cane and Able would not kill so much if they had separate rooms. It works with my brother.

Larry

Dear God,

There isn't school in heaven is there?

Jack

Dear God,

Please change the taste of asparagus. It's gross!

Sarah

Graduations

Graduation weekend this year was back to a normal one with in-person graduations for 8th and 12th Grade as well as a special graduation Sabbath on June 5. We're so proud of all our graduates!



Communion

On June 26, we had our first real Communion since pre-pandemic and first foot washing since 2019. It was truly a great Sabbath as Communion was definitely missed!



BIRDS OF A FEATHER

By Marilyn Herron

We have a bird bath in our backyard patio that has served as a decorative element to our landscaping design. One day recently, while my daughter was watering some thirsty plants, she decided to fill this dry receptacle. The next morning as we were gazing out of the kitchen window, we were excited to see a flock of rose breasted bluebirds and one or two house finches fluttering and splashing in the bird bath with glee. What caught our attention was what seemed to be vari-



ous personalities that we saw as they exuberantly involved themselves in their task. One appeared to have an aggressive nature. "I am here to get the job done"—as if to say to the others, "follow my example". Others seemed more docile in nature (maybe a little fearful) but not willing to be left behind, joining in the delight. Sometimes in life, we need leaders with enthusiasm to encourage us on our mission as others join in to enjoy and share the show-ers of blessings which God provides.