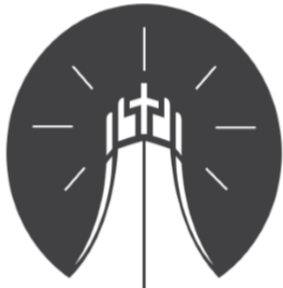


# Community Newsletter



## Auburn

SEVENTH-DAY ADVENTIST CHURCH

Oct. 2022

- Page 1:** Fallen Leaf Lake Campout
- Page 2:** Inspire, Sermon Notes, Birthdays, Events
- Page 3:** Healthy Recipe, Stories with Morals
- Page 4:** More Photos of the Campout

## Fallen Leaf Lake Campout - 2022



September 9-11, 2022 The annual Auburn campout at Fallen Leaf Lake near Tahoe was the place to be. Around 30 church members beat the heat and enjoyed cleaner air to breathe. Pastor Mel gave a great sermon and Barry AcMoody told about his recent search for a home church along with Jenny, his new spouse. Dave Krussow closed out the Sabbath with a talk about surviving the fire to enjoy an even more scenic view of God's nature. Thanks to Susan Excell, Sandee Crane, Jan Kahler and Rhonda Rajaofera, who organized the meals which always seem to taste better when eaten outdoors. See more pics on page 4.

# INSPIRATION CORNER

## Biking Through the Fire

Life can be like riding a mountain bike.  
Sometimes there are tough hills to climb  
Which are hard, but what I really like  
Are the magnificent views from the top.

It can be exhilarating on the downhill  
Experiencing an adrenalin rush.  
You have to weight the pain and the thrills  
You can not have one without the other.

Often a fire is needed though its scary  
To purge the overgrowth and deadwood  
And bring things back to January  
There is nothing like a do-over.

Sometimes God lets bad things come  
To make room for something good.  
That turns out to be more than the sum  
And makes the bad all worthwhile.

We often don't have the privilege  
Of seeing things from God's vantage  
We can only see as far as the next ridge  
Where God has a much broader view.

So, don't be troubled by adversity  
When all seems to be going wrong.  
It may be that you're looking at prosperity  
Just around the corner in life's trail.

© 9-10-2022 by D. Michael O'Haver  
Inspired by a talk by Dave Krussow

## Upcoming Events

Sept. 20 - Oct. 2 & Oct. 7-9 - Women's Retreat at Leoni

Oct. 8 - Full Moon Bike Ride in Cool

Oct. 30 - PHAA Fall Festival

Nov. 12 - Broadside of a Barn Social at the Porco's

## Church Birthdays

Sandie Dyer.....Oct 02

Judy Doyle.....Oct 03

Robert Robbins.....Oct 06

Lee Gipson.....Oct 08

Joshua Allington.....Oct 09

Horst Mehner.....Oct 10

Marquell Woods....Oct 12

Jenell Wareham.....Oct 16

Bethany Riojas.....Oct 17

Holly Graham.....Oct 21

Norman Henderson.Oct 22

Isabella Toppel.....Oct 24

Cambria Sim.....Oct 26

Deanna Kindrick.....Oct 28

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## Sermon Notes



Oct 1: Pastor Mel  
Oct 8: Pastor Mel  
Oct 15: Brian Toppel  
Oct 22: Pastor Mel  
Oct 29: Pastor Mel



Remember that sometimes grief comes from the death of a beloved pet. It can be deeply sad for the pet owner. Listen to stories about their pet. Acknowledge their pain over the absence of their beloved pet. And DO NOT talk about replacing that pet!





## Jan's Healthy Recipes

### Garlic Pumpkin Seeds

From *Taste of Home, Vegetarian Made Easy*

Have you ever wondered what to do with the left over pumpkin seeds? Why not try this yummy microwave-easy recipe?

#### Ingredients:

- ♦ 1 Tablespoon canola oil
- ♦ 1/2 teaspoon celery salt
- ♦ 1/2 teaspoon garlic power
- ♦ 1/2 teaspoon seasoned salt
- ♦ 2 cups fresh pumpkin seeds

#### Directions:

In a small bowl combine the oil, celery salt, garlic power, and seasoned salt. Add pumpkin seeds. Toss to coat. Spread a quarter of the seeds in a single layer on a microwave proof plate. Microwave for one minute on high, stir.

Microwave 2-3 minutes longer or until seeds are crunchy and lightly browned. Stir after Each minute. Repeat with the rest of the seeds. Serve warm or cool before serving in an air-tight container,

Makes 2 cups, takes 25 minutes.

Works for butternut or acorn squash seeds as well.

### FULL MOON BIKE RIDE - October 8

Meet at the parking lot behind the Fire Station in Cool at 5:30pm for a fun bike ride during sunset and under the full moon.



## Stories With Morals

### Changing Vision

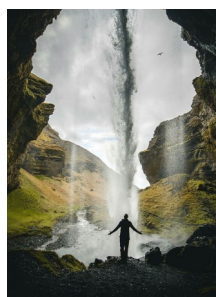
There once lived a wealthy man who was bothered by severe eye pain. He consulted many physicians, but none could treat his ache. He went through a myriad of treatment procedures, but his pain persisted with more vigor. He looked and for every available solution for his pain, and approached a wise monk, renowned for treating various illnesses. The monk carefully observed the man's eyes and offered a very peculiar solution.

The monk told the man to concentrate only on the green color for a few weeks and avoid any other colors. The man was desperate to get rid of the pain and was determined and ready to go to any extent. The wealthy man appointed a group of painters and purchased barrels of green paint and directed that every object, his eye was likely to fall to be painted green.

After a few weeks, the monk came to visit the man to follow up on the man's progress. As the monk walked toward the man's room, the appointed painter poured a bucket of green paint on the monk. The monk could see that the whole corridor and the room were painted green. As the monk inquired for the reason for painting everything green, the wealthy man said that he was only following the monk's advice to look at only green.

Hearing this, the monk laughed and said "If only you had purchased a pair of green spectacles, worth just a few dollars, You could have saved a large share of your fortune. You cannot paint the world green."

**Moral:** Let us change our vision and the world will appear accordingly.



Current Sermon Series:

*Cascading Grace*

Continues into November



# More Fallen Leaf Lake Fun

