

# Community Newsletter



## Auburn

SEVENTH-DAY ADVENTIST CHURCH

April, 2024

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# He Has Risen



# INSPIRATION CORNER

## Is it Rows or Circles?

A word of advice from one who knows all the significant research shows when you are at Leoni Meadows you do not learn best sitting in rows.

As wonderful as the speaker is and as knowledgeable at his bis' there is just something that tis better than hearing the words of his.

To get at the issues dear to you something else you must go through and that something else critical to you're possibly entering into

a more meaningful relationship with His most holey blessed Lordship is when you give the main speaker the slip and meet in small groups the truth to sip.

Because you do not learn best in rows where you learn best in small circles.

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## Upcoming Events

March 30 - Easter/  
Baptism Sabbath

April 3 - School Starts  
Again

May 3-5 - NCC Men's  
Retreat at Leoni Mead-  
ows

May 4 - Teacher Appreci-  
ation Sabbath at Auburn  
Church

## Church Birthdays

Glenda Miller.....Apr 03  
Grace Ferolino..... Apr 04  
Jerome Murillo..... Apr 07  
Micah Brown..... Apr 07  
Nathan Krussow..... Apr 09  
Karen Nicola .....Apr 12  
Jean Rouse .....Apr 13  
Jacquie Brown..... Apr 15  
Katherine Price..... Apr 17  
Michael O'Haver .....Apr 21  
Micah Baga .....Apr 24  
Lisa Ojeda .....Apr 28

### Auburn SDA Community Church

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### Sermon Notes



April 6: Pastor Mel  
April 13: Pastor Mel  
April 20: Pastor Mel  
April 27: Pastor Mel



### What are the 3 Cs of Grief?

**Choose:** What you can attend, join, and do—and what you can't—to help reinstate some of that loss of control.

**Connect:** Grief, especially during the holidays, intensifies feelings of loneliness, which often leads to isolation. It's difficult but important not to remove yourself from others' lives.

**Communicate:** "Put your needs out there. Say to others, 'This is going to be awkward or weird, but this is what I need. Communicating however you can to your friends and family will help them know how best to come alongside you, especially when grief arrives. It's how we heal

# Jan's Healthy Recipes

## Wilson's Own Mac & Cheese

RECIPE COURTESY OF ED WILSON

### Ingredients:

- ◇ 1 tablespoon vegetable oil
- ◇ 2 cups uncooked elbow macaroni
- ◇ 2 eggs
- ◇ 1 1/2 cups evaporated milk
- ◇ 1/2 stick butter, melted
- ◇ Freshly ground black pepper
- ◇ 16 ounces shredded sharp Cheddar
- ◇ Dust with paprika

### Directions:

1. Preheat oven to 325 degrees F.
  2. Bring water, salt, and oil to boil over high heat Add pasta, bring back to a boil and cook until al dente, 8 to 9 minutes. Drain pasta and rinse with cold water to stop the cooking process.
  3. In a large bowl, mix together eggs, evaporated milk, melted butter and salt and pepper, to taste.
  4. Stir in 3/4 of the cheese and add the pasta.
  5. Spray an 8 by 8-inch baking pan with nonstick spray and add the pasta mixture.
- Top with remaining cheese and dust with paprika.
3. Bake until the cheese is golden and bubbly, about 30 minutes. Serve hot.

*This recipe was provided by a chef, restaurant or culinary professional. It has not been tested for home use.*



LEONI

MEADOWS

May 3-5, 2024

The Christian Men's Retreat is designed to help men experience a more satisfying spiritual life.



Registration is ONLY available 24/7 on Leon Meadows' website at [www.leonimeadows.org](http://www.leonimeadows.org) or by calling 530-626-3610 during office hours Monday-Friday 9 a.m.-5 p.m.



# *Pictures of Grilled Cheese & Games Social*



*March 2, 2024*



# *Good Food & Good Times Socializing*

