

Community Newsletter



Auburn

SEVENTH-DAY ADVENTIST CHURCH

October 2024

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Fallen Leaf Lake Campout



PHAA K-6 Music



On September 21, 2024 the Auburn Church was treated to a special music presented by the Pine Hills Adventist Academy K-6 students. They did wonderful!

INSPIRATION CORNER

God's Love

God's love is open to you,
Each and every one,
All that is required of you,
Is opening your heart.

Store up all your treasures,
Down here on Earth.
No barn can hold the pleasures,
Truly know your worth.

The only treasure worth storing,
Is the treasure of
God's love He's freely giving,
To all who asks.

God's love can heal the heart,
Of the worst sinner,
Even after being broken apart.
All it takes is surrender.

God's love is free for the asking,
All is up to you.
There is no difficult tasking,
Even the worst sinner.

God's love opens like a flower,
One pedal at a time.
Feel the warmth, feel the power,
Bask in the sunshine.

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Upcoming Events

Oct. 5: Communion Sabbath

Oct 4-6 & 11-13: Christian Women's Retreat at Leoni Meadows

Oct 20: Baby Shower for the Galicia's

Oct 26: Broadside of a Barn. Porco's Ranch, Lincoln

Oct 27: PHAA Fall Festival

Church Birthdays

Sandie Dyer.....Oct 02

Judy Doyle.....Oct 03

Lee Gipson.....Oct 08

Joshua Allington.....Oct 09

Horst Mehner.....Oct 10

Jenell Wareham.....Oct 16

Bethany Riojas.....Oct 17

Cami Reese.....Oct 20

Norman Henderson.Oct 22

Kaiden Murillo.....Oct 23

Isabella Toppel.....Oct 24

Cambria Sim.....Oct 26

Deanna Kindrick.....Oct 28

Jeannette Fanselau..Oct 29

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Sermon

Notes



Grief Relief
Tip

OCTOBER IS
PASTOR
APPRECIATION
MONTH

Oct 5: Pastor Mel

Oct 12: Pastor Mel

Oct 19: Pastor Mel

Oct 26: Pastor Adam

How do you heal from grief?

One of the best ways to walk through your grief and heal from it is by **reaching out to others who are dealing with loss**. Helping others deal with grief is a mutually beneficial endeavor.



Jan's Healthy Recipe

FRITO DELIGHT

Ingredients:

Large regular Fritos

1 can Vegetarian Refried Beans, or Vegetarian Chili (See recipe from last month)

1 Cup chopped black olives

1 Cup chopped tomatoes

1 Cup chopped onions

1 Cup chopped green bell pepper

1 Cup Pepper Jack Cheese (or your favorite)

Directions:

1) Place layer of fritos in bottom of 2 quart casserole dish. Heat up refried beans so they can be spread in a layer over chips.

2) Add rest of ingredients with graded cheese on top. Cook 15-20 in regular oven at 375 (or until cheese melts).

3) or, Cook for 8-10 minutes on high in microwave.

Broadside-of-a-Barn Family Social

October 26, 2024

Porco Ranch, Lincoln

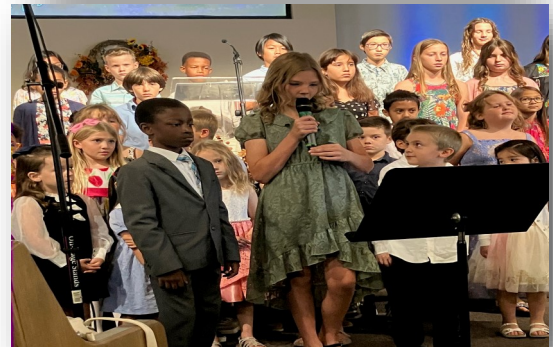
Movie starts at dusk.



Julie's Sermon



More PHAA K-6 Music Photos



Children's Story Presentation



More Fallen Leaf Lake Photos

Steve Holm—ARC Volunteers

The Auburn Renewal Center A.R.C. is now in its 12th year of providing health care to our neighbors and I would like to highlight one of our very unique programs and volunteers in this first edition.

Approximately 8 years ago we put our heads together with Sutter Health, the Latino Leadership Council and Chapa-De and gave birth to a program specifically designed for Spanish speaking patients who had been diagnosed as either Pre-Diabetic or Diabetic.

In the first year we had a RN from Chapa De leading out in the classes. During the next couple years we were blessed with an educator from Latino Leadership Council.

Then due to Covid, and a break in the program, we came back even stronger by adding Blanca Fanselau as our instructor. At last count over 87 A.R.C. patients and their families and friends have attended one or more classes and have walked away equipped with the tools needed to control this life threatening health issue.

Recently, Blanca had gone back to school for additional training and is now certified as a Diabetes Educational RN for Sutter Health/Auburn Faith Hospital. I have been blessed to attend most classes and can attest to the fact that Blanca is a dynamic instructor, who can identify with the attendees, is one who processes a kind and patient heart and who fully understands and appreciates the cultural and life practices of those who walk through the door. Blanca, thank you for a job well done. You are changing lives”

