

Community Newsletter



Auburn

SEVENTH-DAY ADVENTIST CHURCH

December, 2024

Page 1: Thanksgiving Sabbath

Page 2: Inspire, Sermon Notes, Birthdays, Upcoming Events

Page 3: Recipe, Bethlehem Market

Page 4: Christmas Story, Thanksgiving

November 23, 2024 was our annual Thanksgiving at Auburn SDA. We had several individuals and families give presentations on what they were thankful for during 2024.

On the bottom right Everett, speaking for the Mensink family was thankful for:

- 1) He loves all people,
- 2) Mommy & Daddy, 3) Pluto & Neptune, 4) Sea monsters



On the top left Jordan Fode not only treated the church to his wonderful singing for special music, he said he was thankful for God's presence through his many health trials in his life. To the bottom left, the Leeping family were thankful for being so welcomed to the Auburn church after coming from the Philippines.



INSPIRATION CORNER

Crown of Gold

If into sin, I was born,
Why did You destroy the mold-
To transform my crown of thorns,
Into a bright crown of gold?

Why was Your fate so unfair?
Seems so far from paradise—
To transform my cross to bear,
o a pyre of sacrifice?

Why did You take all those stripes,
That were give with such rage—
To turn the whip's cruel stripes,
Into badges of courage?

Why did you have to be nailed
On the cross so cruelly—
To make sure the piercing nails,
Did fasten my loyalty?

Thinking of the sacrifice,
Why to die so painfully—
No simple death would suffice.
It bought **all humanity!**

You traded Your dying breath
To banish all of our strife.
Thank You so much for Your death
So I'll have eternal life.

© 6-14-04 by D. Michael O'Haver,
Revised 5-16-18



Upcoming Events

Dec 1 - Bethlehem Workshop

Dec 14 - PHAA 7-12 Music
Christmas Worship Service at
Auburn Church/Potluck

Dec 14-15 - Colla Voce Con-
certs at Auburn

Dec 21 - Christmas Sabbath

Dec 22 - Bethlehem Market in
Church Courtyard (1-4pm)

Dec 23-Jan 5-PHAA Christmas
Break

Church Birthdays

Raymond Fanselau Dec 01

Nicole Toppel..... Dec 03

Donald Wallace Dec 05

Joanne Pierson..... Dec 07

Barbara Bende Dec 09

Milton Kindrick..... Dec 09.

Tim Excell Dec 09

Jeffrey Pierson Dec 15

Edwije Joseph..... Dec 16

Beckett Reese..... Dec 17

Jett Whitson Dec 18

Viviana Weeks..... Dec 19

Sophie Jewkes..... Dec 21

Gil Riojas..... Dec 24

Kellie Spieth..... Dec 28

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Sermon Notes



Dec 7: Pastor Mel

Dec 14: PHAA Music

Dec 21: Pastor Mel

Dec 28: Speaker



Can Grief be Fatal?

In some cases, grief can cause a condition known as "broken heart syndrome," clinically recognized as Takotsubo cardiomyopathy. While its exact causes are not well understood, broken heart syndrome is thought to result from a stress hormone surge that causes spasms in the heart's blood vessels. Broken heart syndrome is a serious heart condition. It isn't always fatal but can be if not treated promptly.

Jan's Healthy Recipe

Bethlehem Market

Fettuccini with Stir-Fried Vegetables

From Pillsbury Heart Healthy Recipes

Ingredients:

- ◆ 4 oz. uncooked fettuccini
- ◆ 1-1/2 teaspoon cornstarch
- ◆ 1/4 cup vegetable broth
- ◆ 1/2 cup carrots, diagonally sliced
- ◆ 1/2 teaspoon chopped fresh thyme or 1/4 to 1/2 teaspoon dried thyme leaves
- ◆ 1 cup broccoli florets
- ◆ 1 red bell pepper, cut into 1/4 inch strips

Directions:

Cook fettuccine to desired doneness as directed on package. Drain, rinse with water, keep warm.

In a small bowl, combine cornstarch and 1/2 cup of vegetable broth; set aside.

Spray large nonstick skillet or wok with nonstick cooking spray. Heat over medium-high heat until hot. Add carrots, stir-fry 1 minute. Add remaining 1/4 cup vegetable broth and thyme. Cover and cook 1-2 minutes or until carrots are crisp and tender. Add broccoli and bell pepper. Cook and stir 2-3 minutes until crisp and tender. Pour cornstarch mixture over vegetables, cook and stir until thickened. Pour over fettuccine and toss to combine. 4 (1 cup) Servings.

It's the season—don't forget the reason. Experience what a visit to the marketplace at Bethlehem would be like at the time of Jesus' birth.

This is a different approach to church outreach. Invite your neighbors and friends to come to our reenactment of the Bethlehem market.

There will be opportunities to purchase food and keepsakes, watch workers participate in hands-on crafts and activities, pet small animals, and enjoy music and singing.

The event will be on Sunday, December 22, 2024 from 1:00 to 4:00 PM, in our courtyard at the church.

If you can work a booth, play a character, tell a story, be an expert, sing, prepare merchandise, build a booth or set, or prepare food **contact Susan Excell (530) 368-2994 or Chelsea Mensink (503) 401-2204.**



Inspirational Christmas Story

Home for Christmas

While all her classmates were eagerly making plans with family and friends for their trips back home for the holidays, Jackie Turner, a junior at William Jessup University near Sacramento, was worried she would be the only student left on campus for Christmas. *"This time of year is hard,"* Jackie said. *"Everyone is talking about their cousins, their families, all the things that make up Christmas."* But Jackie says she doesn't have any of that — and never did. She told CBS News that her childhood was abusive, and she never shared in any of the experiences she heard her classmates talk about. Instead of feeling sorry for herself, the straight A-student posted an ad on Craigslist offering \$8/hour to rent parents for the holidays. *"Maybe for like a couple hours,"* she said, *"just be, like, the light of their life for that moment."*

She got dozens of responses to her ad — about half from parents who wanted to help, for free of course — and about half from other young people who felt the same way she did. So, she held a meet up Christmas potluck dinner.

"People are hurting and broken and we need each other," Jackie said. *"We need to be loving people. And I think that's what tonight's about."*

Jackie not only found a mentor for herself that holiday season, but matched the needy with the needed. She continues to host yearly meet ups with a potluck Christmas dinner, because no one should ever feel alone on Christmas.

ACS Thanksgiving Lunch



On Monday, November 25, Adventist Community Services had their annual Thanksgiving lunch for all their unsheltered clients. It was well attended with around 60 people enjoying a break from the rain and the warm environment. Everyone appreciated the sweet dessert and fresh cooked food made by ACS volunteer Heidi Magorian and others. This year, Jordan Fode shared his gift of music with them throughout the lunch. We are so thankful for them and all they do!

